



Wednesday Night Time Trial Training Series
Every Wednesday from 3/25-4/29
(6 races!)



Must participate in a minimum of 3 races to be eligible for prizes. →

Presented By:



- Start/Finish @ intersection of Valley Ridge Rd and Palm Valley Road. Park in grass along Palm Valley Road
- 6.4 mile Course is out & back – after going under Nocatee parkway, U-turn at the eastbound parkway onramp (left lane)
 - **CHECK FOR TRAFFIC**
- First Rider off at 6:30, 30 second intervals. Be there by 6:15 to get on the list.
- Roads are open to traffic, but have bike lanes. Obey all traffic laws.
- Voluntary training series: no registration, no cost & helmets required. YOU assume the risks associated with YOUR participation and are fully responsible for YOUR actions.
- **Prizes:**
 - Fastest Overall: \$100
 - Fastest Female: \$50
 - Fastest Category 3 & Under: \$50
 - Most Improved Time: \$50
 - Fastest Merckx Style: \$50 (Road or Fixie, no aero bars, no disc wheels)
 - Fastest Junior (male and female) \$25 each